

SCHEDULE

Breakfast 08 August 2025, Hilton Hotel, Windhoek

07:15 am REGISTRATION Coffee and Conversation

Arrive early, have coffee and make use of this golden opportunity to network!

08:00 am WELCOME With Desèré Lundon-Muller

Welcome Note and Introduction

08:10 am ACTIVITY SESSION Quiz

“Understanding GBV in the Workplace”: The quiz is about raising awareness of the different forms of gender-based violence (GBV) in our professional environments, how we perceive them, and how prepared we are to respond.

08:15 am FEATURED SESSIONS

1. **“Empowered Workplaces, Empowered Futures: Advancing Gender Equity through the UN Pact for the Future”** - *Hopolang Phororo: UN Resident Coordinator – Namibia.*
2. **“Shaping the Future of Work: The Role of Convention 190 in Ending Workplace GBV”** - *Ida Tsitsi Chimedza: ILO Specialist: Gender Equality, Non-Discrimination, and Inclusion*

Courageous Conversations:

3. **"Understanding and working with abuse and bullying behaviours in the workplace."** - *Presented by Iani de Kock, Clinical Psychologist.*

WHY THIS EVENT IS A MUST FOR YOU:

Workplace harassment—whether verbal, physical, emotional, or systemic—continues to affect the safety, dignity, and career progression of many women. Yet, for too long, these issues remain unspoken, unaddressed, or minimised.

Who Should Attend:

- Women professionals across all industries
- Human Resource managers and leadership teams
- Katuka mentors, mentees and alumni
- Organisational wellness officers and workplace culture advocates
- NGOs, corporate partners and public sector representatives

HOW DOES THIS PRESENTATION BENEFIT YOU AND YOUR ORGANISATION:

- Develop greater confidence in recognising and responding to inappropriate behaviour
- Learn practical strategies to protect your emotional wellbeing and assert your rights
- Connect with a community that values respect, dignity and professional growth
- Be part of a transformative movement towards safer, more inclusive workplaces

For Your Organisation:

- Gain insights into preventative approaches that reduce harassment-related risks
- Strengthen your company’s reputation as an ethical, employee-centred employer
- Empower managers and HR teams with tools to address issues proactively
- Foster a workplace culture built on trust, respect, and psychological safety
- Support staff retention, productivity and team morale through a culture of dignity

09:00 am BREAKFAST

Enjoy a hot plated breakfast with us.

09:30 am CLOSING With Desèré Lundon-Muller

End of official proceedings. Please join us for photos and more networking! Don’t forget to tag us using #NetworkingBreakfast and #EmpowermentInAction.